

I believe that the most important thing in life is to take action. Feel everything, consider everything, read, think, ponder, cogitate—all that's fine. But you have to *do* something; you have to commit to action whenever you can. Don't only *think* about things, don't just *feel* things—take the first step, and then the next, and then the next. Do it. Otherwise,

nothing's going to change, nothing's going to get better for you or for the people around you. In the end, it doesn't actually matter what you think or how you feel . . . everyone is a mass of feelings and emotions—some good, some bad. But emotions never built a bridge or fed the hungry or saved a life. I mean, who cares how you feel? *Do* something.